



The Incredible Years



helping children soar



PROJECT
LAUNCH

PARENTING CLASSES

MUSCOGEE (CREEK) NATION DEPARTMENT OF HEALTH BEHAVIORAL HEALTH SERVICES

Are you feeling frustrated because of your child's behavior.
Please join us for a parent support group that offers ways to deal with your child's difficult moments.

- The Incredible Years helps to increase positive family communication and problem-solving.
- The Incredible Years have shown to help provide reductions in conduct problems in children's interactions with parents and increases in children's positive affect and compliance to parental commands.

Your relationship with your child is special. Challenging behavior can influence that relationship. The Incredible Years can provide insight on your child and tips to help you manage difficult behavior. Learning positive discipline techniques will increase parental confidence. As negative behaviors decrease, children will gain more self-esteem.

WHO

Parents or caregivers of children age 0 to 8 years old.
(At least one member of the family must be Native American)

WHERE

Any community located within Creek Nation boundaries. Call for specific information on location

WHEN

Times vary: Day time and evening classes are available, please call for more info.

HOW DO I REGISTER

Please call Muscogee (Creek) Nation Behavioral Health. Ask to speak with one of the Project LAUNCH staff:

(p) (918) 224-9307

(f) (918) 224-9309

